

# COVID-19 scenario projections for Austin, Texas — July 19, 2021

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### Overview

To support public health decision-making and healthcare planning, we developed a model for the five-county Austin-Round Rock Metropolitan Statistical Area (henceforth *Austin*) that can provide real-time estimates of the prevalence and transmission rate of COVID-19 and project healthcare needs into the future.

The model incorporates key epidemiological characteristics of the disease, demographic information for Austin, local vaccination estimates, and local mobility data from anonymized cell phone traces. It uses daily COVID-19 hospitalization data to estimate the changing transmission rate and prevalence of disease. The framework can be readily applied to provide pandemic situational awareness and short-term healthcare projections in other cities around the US.

In this report, we use COVID-19 hospitalization data for Austin from March 13, 2020 to July 13, 2021 to estimate the state of the pandemic in mid-summer of 2021 and project hospitalizations up to October, 2021. We consider the combined impact of the following factors:

- the emergence of the Delta variant (B.1.617.2), which has estimated to be more highly transmissible previously circulating variants [1,2]
- the continued rollout of SARS-CoV-2 vaccines [3]
- various levels of facemask usage [4]
- the start of the 2021-2022 school year

The projections are based on multiple assumptions about the age-specific severity of COVID-19 and the role of asymptomatic infections in the transmission of the virus. The graphs below do not present the full range of uncertainty for the city of Austin. Rather, they are intended to provide basic insight into the changing risks of COVID-19

transmission, potential healthcare surges, and the impact of facemask guidelines in Austin.

If the Delta variant continues to emerge and vaccine uptake continues at the current pace (reaching ~60% with a single dose by October 1, 2021), then we project that COVID-19 hospitalizations will continue to increase exponentially, threatening healthcare capacity in the region, unless measures are taken to slow transmission. We consider three scenarios in which facemask guidelines and other precautionary measures slow transmission, beginning on July 14, 2021.

We project the following for the three-month period from July 14 to October 1, 2021:

- Under the status quo (current transmission rate), we estimate that there will be 12,279 (80%CI: 2,494-18,686) COVID-19 hospitalizations, a 94% probability of reaching a 7-day average of 30 new COVID-19 hospitalizations per day (the trigger for COVID-19 Alert Stage 4 [5]), and a 87% chance of exceeding the estimated COVID-19 ICU capacity of 200 beds.
- If Austin enacts stricter guidelines including universal face mask recommendations for vaccinated and unvaccinated residents and the city largely complies with such recommendations, then we estimate that there will be 1,078 (80% CI: 408-2,140) COVID-19 hospitalizations, which is a 92% reduction relative to the status quo projection. The estimated risks of triggering COVID-19 Alert Stage 4 or surpassing ICU capacity are reduced to 37% and 2%, respectively.
- However, if compliance with such measures is reduced by 50%, then we estimate that there will be 4,355 (80%CI: 829-10,219) COVID-19 hospitalizations, which is a 65% reduction relative to the status quo projection. The estimated risks of triggering COVID-19 Alert Stage 4 or surpassing ICU capacity are 82% and 53%, respectively.

We are posting these results prior to peer review to provide intuition for both policy makers and the public regarding both the immediate threat of COVID-19 and the importance of heightened social distancing and transmission reducing-precautions as the vaccine distribution continues, including keeping physical distance from others, wearing facemasks and self-isolating when symptomatic.

# Austin COVID-19 transmission model

The appendix describes the model in detail. We use mathematical equations to project the changing numbers of individuals who are susceptible, infected, hospitalized, recovered, and deceased. The model incorporates key features of the virus and uses iterated filtering [6] to estimate daily transmission rates in Austin from a combination of local hospital data and cell-phone mobility data [7], and vaccination rates by age group in the Austin MSA provided by Texas DSHS [3]. The projections below make the following assumptions:

- Epidemic seeding: February 17, 2020 with 1 infected adult
- Transmission rates are modulated by age-specific contact patterns, with contacts among children elevated during the school year [8].
- Following infection, cases go through multiple stages of infection:

Stage 1: Pre-symptomatic and non-contagious for an average of 2.9 days

Stage 2: Pre-symptomatic contagious for an average of 2.3 days

<u>Stage 3</u>: Symptomatic or asymptomatic contagious for an average of 4 days (43% of infections remain asymptomatic and have 33% lower infectiousness than symptomatic cases)

- Cases may be hospitalized or die at rates that depend on age and risk group. For unvaccinated cases infected by non-Delta variants:
  - The overall infection hospitalization rate (IHR) is 4.2% [1]
  - The overall infection fatality rate (IFR) is 0.54% [9]
- The length of hospital stays are estimated from the local data and change through time.
- Vaccines lower the risk of infection by 80% starting two weeks after receiving a first dose and by 96% starting two weeks after receiving a second dose [10].
- The Delta variant is 64% more transmissible and 80% more likely to cause infected individuals to be hospitalized [1,2]. We estimate that Delta had become the dominant variant in Texas by June 21, 2021, and as of July 16 is expected to comprise approximately 87% (95% CI: 85%-90%) of infections [11,12].

# COVID-19 in Austin through July 2, 2021

On our Austin COVID-19 healthcare forecasting dashboard [13], we provide daily estimates of the effective reproduction number, R(t) (Figure 1). This quantity indicates the contagiousness of the virus at a given point in time and roughly corresponds to the average number of people a typical case will infect. Measures to slow or prevent transmission, such as social distancing and wearing facemasks, can reduce the reproduction number. Immunity acquired either through past infection or vaccination can also reduce the reproduction number. If R(t) is greater than one, then an epidemic will continue to grow; if R(t) is less than one, it will begin to subside. By tracking R(t), we can detect whether policies and individual-level behaviors are having the desired impact and project cases, hospitalizations and deaths into the future.



**Figure 1:** The 7-day average effective reproduction number, R(t), of the COVID-19 pandemic in Austin from February 17, 2020 to July 2, 2021. R(t) is an epidemiological quantity used to describe the contagiousness of a disease. An epidemic is expected to continue if R(t) is greater than one and to end if R(t) is less than one. This *epidemic threshold* of R(t) = 1 is indicated by a horizontal dashed line. R(t) can be interpreted as the average number of people that an infected case will infect. The value of R(t) depends on the basic infectiousness of the disease, the number of people that are susceptible to infection, and the impact of social distancing, mask wearing and other measures to slow transmission. The solid line gives the mean daily estimates, and the shaded ribbon indicates the 95% credible interval.

# COVID-19 projections under four scenarios

We consider the following four scenarios:

- Status quo scenario: A reproduction number of 1.4 (95% Crl: 0.8-2.0) estimated on July 12, 2021 does not change. Vaccinations continue to be administered at the rate reported from June 16 to July 1 (840 doses per day), resulting in ~63% of the Austin area population having received at least one dose by October 1, 2021.
- Universal face mask and precautionary guidelines
  - High compliance scenario: The reproduction number is reduced by 45%, according to an estimate in Germany following the implementation of mask mandates [4].
  - **Moderate compliance scenario:** Compliance is reduced by 25% relative to the high compliance scenario.
  - **Low compliance scenario:** Compliance is reduced by 50% relative to the high compliance scenario.

For each scenario, we project COVID-19 hospitalizations and ICU needs through October 1, assuming that no other policy or behavioral changes impact the COVID-19 transmission rate during this period (Figures 2-3). We also estimate the probability and time that Austin will trigger a change to <u>Stage 4</u> (7-day rolling average of COVID-19 hospital admissions above 30) and the probability and time that COVID-19 ICU cases will surpass the estimated regional capacity of 200 beds (Table 1).

**Table 1:** Projected impact of tightening face mask and other COVID-19 restrictions on

 healthcare demand in the Austin-Round Rock MSA from July 14 to October 1, 2021. Numbers

 are median values with 80% prediction intervals in parenthesis.

Scenario	COVID-19 hospitalizations	COVID-19 deaths	Probability trigger Stage 4	Median date to trigger Stage 4*	Probability exceed ICU capacity	Median date to reach ICU capacity*
Status quo	12,279 (2,494-18,686)	1,282 (272-2,196)	94%	Jul 23 (Jul 14 - <i>NR</i> )	87%	Aug 21 (Aug 4 - <i>NR</i> )
Low compliance	4,355 (829-10,219)	458 (117-1,067)	82%	Jul 25 (Jul 14 - <i>NR</i> )	53%	Sep 27 (Aug 14 - <i>NR</i> )
Moderate compliance	2,059 (550-5,187)	247 (82-548)	65%	Aug 1 (Jul 14 - <i>NR</i> )	16%	NR (Sep 27 - NR)
High compliance	1,078 (408-2,140)	146 (68-262)	37%	<i>NR</i> (Jul 14 - <i>NR</i> )	2%	NR (NR - NR)

\* NR indicates that the projection did not reach the trigger or ICU capacity by October 1.



**Figure 2: Projected COVID-19 hospitalizations in the Austin-Round Rock MSA from July 14 to October 1, 2021.** Black points represent the reported daily COVID-19 patients in all Austin area hospitals. Colored lines represent median projections and shading indicates the 95% prediction interval for each scenario, across 500 stochastic simulations. The horizontal black line indicates the estimated COVID-19 hospital capacity of 1,500 patients in the MSA.



**Figure 3: Projected COVID-19 ICU patients in the Austin-Round Rock MSA from July 14 to October 1, 2021.** Black points represent the reported daily COVID-19 ICU patients in all Austin area hospitals. Colored lines represent median projections and shading indicates the 95% prediction interval for each scenario, across 500 stochastic simulations. The horizontal black line indicates the estimated ICU capacity of 200 COVID-19 patients in the MSA.



Figure 4: Projected daily COVID-19 hospital mortality in the Austin-Round Rock MSA from July 14 to October 1, 2021. Black points represent the daily number of COVID-19 deaths reported by all Austin area hospitals. COVID-19 deaths occurring outside of hospitals are not included in these projections. Colored lines represent median projections and shading indicates the 95% prediction interval for each scenario, across 500 stochastic simulations.

### Appendix

#### **COVID-19 Epidemic Model Structure and Parameters**

The model structure is diagrammed in Figure A1 and described in the equations below. For each age and risk group, we build a separate set of compartments to model the transitions between the states: susceptible (S), exposed (E), pre-symptomatic infectious ( $P^Y$ ), pre-asymptomatic infectious ( $P^A$ ), symptomatic infectious ( $I^A$ ), symptomatic infectious ( $P^A$ ), symptomatic infectious ( $I^A$ ), symptomatic infectious that are hospitalized ( $I^H$ ), recovered (R), and deceased (D). The symbols S, V, E, E<sup>V</sup>, P<sup>Y</sup>, P<sup>A</sup>,  $I^Y$ ,  $I^A$ ,  $I^H$ , R, and D denote the number of people in that state in the given age/risk group and the total size of the age/risk group is

$$N = S + V + E + E^{V} + P^{Y} + P^{A} + I^{Y} + I^{A} + I^{H} + R + D.$$

The deterministic model for individuals in age group a and risk group r is given by:

$$\begin{split} \frac{dS_{a,r}}{dt} &= -S_{a,r} \cdot \sum_{i \in A, j \in K} (I_{i,j}^Y \omega^Y + I_{i,j}^A \omega^A + P_{i,j}^Y \omega^{PY} + P_{i,j}^A \omega^{PA}) \beta(t) \delta(t) \phi_{a,i} / N_i \\ \frac{dE_{a,r}}{dt} &= S_{a,r} \cdot \sum_{i \in A, j \in K} (I_{i,j}^Y \omega^Y + I_{i,j}^A \omega^A + P_{i,j}^Y \omega^{PY} + P_{i,j}^A \omega^{PA}) \beta(t) \delta(t) \phi_{a,i} / N_i - \\ \sigma E_{a,r} \\ \frac{dV_{a,r}}{dt} &= v_{a,r}^S - S_{a,r} \cdot \sum_{i \in A, j \in K} (I_{i,j}^Y \omega^Y + I_{i,j}^A \omega^A + P_{i,j}^Y \omega^{PY} + P_{i,j}^A \omega^{PA}) \beta(t) \delta_V(t) \phi_{a,i} / N_i \\ \frac{dE_{a,r}^Q}{dt} &= S_{a,r} \cdot \sum_{i \in A, j \in K} (I_{i,j}^Y \omega^Y + I_{i,j}^A \omega^A + P_{i,j}^Y \omega^{PY} + P_{i,j}^A \omega^{PA}) \beta(t) \delta_V(t) \phi_{a,i} / N_i - \\ \sigma E_{a,r}^V \\ \frac{dP_{a,r}^A}{dt} &= (1 - \tau) \sigma E_{a,r} + (1 - \tau_V) \sigma E_{a,r}^V - \rho^A P_{a,r}^A \\ &= \frac{dP_{a,r}^A}{dt} = \tau \sigma E_{a,r} + \tau_V \sigma E_{a,r}^V - \rho^Y P_{a,r}^Y \\ &= \frac{dI_{a,r}^A}{dt} = \rho^A P_{a,r}^A - \gamma^A I_{a,r}^A \\ \frac{dI_{a,r}^Y}{dt} &= \rho^Y P_{a,r}^Y - (1 - \pi) \gamma^Y I_{a,r}^Y - \pi \eta \delta_H(t) I_{a,r}^Y \\ &= \frac{dR_{a,r}}{dt} = \gamma^A I_{a,r}^A + (1 - \pi) \gamma^Y I_{a,r}^Y + (1 - \nu) \gamma^H(t) I_{a,r}^H \\ \frac{dR_{a,r}}{dt} &= \gamma^A I_{a,r}^A + (1 - \pi) \gamma^Y I_{a,r}^Y + (1 - \nu) \gamma^H(t) I_{a,r}^H \\ &= \frac{dD_{a,r}}{dt} = \nu \mu(t) I_{a,r}^A \end{split}$$

where A and K are all possible age and risk groups,  $\omega^A$ ,  $\omega^Y$ ,  $\omega^{PA}$ ,  $\omega^{PY}$  are the relative infectiousness of the  $I^A$ ,  $I^Y$ ,  $I^{PA}$ ,  $I^{PY}$  compartments, respectively,  $\beta$  is transmission rate,  $\phi_{a,i}$  is the mixing rate between age group  $a, i \in A$ , and  $\gamma^A, \gamma^Y, \gamma^H(t)$  are the recovery rates for the  $I^A$ ,  $I^Y, I^H$  compartments, respectively,  $\sigma$  is the exposed rate,  $\rho^A, \rho^Y$  are the pre-(a)symptomatic rates,  $\tau$  is the symptomatic ratio,  $\pi$  is the proportion of symptomatic individuals requiring hospitalization,  $\eta$  is rate at which hospitalized cases enter the hospital following symptom onset,  $\nu$  is mortality rate for hospitalized cases,  $\mu(t)$  is daily instantaneous rate at which terminal patients die,  $v_{a,r}^S$  is the estimated number of susceptible individuals who are vaccinated on a given day as described below,  $\delta(t)$  is the increase of chance of infection due to Delta variant,  $\delta_V(t)$  is the increase of chance of infection of vaccinated individuals due to Delta variant, and  $\delta_H$  is the increased chance of hospitalization due to the Delta variant.

We simulate the model using a stochastic implementation of the deterministic equations. Transitions between compartments are governed using the  $\tau$ -leap method [14,15] with key parameters given in Table A1-2. We simulate the model according to the following equations:

$$\begin{split} S_{a,r}(t+1) - S_{a,r}(t) &= -P_1 - P_{10} \\ E_{a,r}(t+1) - E_{a,r}(t) &= P_1 - P_2 \\ \overline{E_{a,r}^V(t+1)} - P_{a,r}^V(t) &= (1-\tau)P_2 + (1-\tau_V)P_2' - P_3 \\ P_{a,r}^A(t+1) - P_{a,r}^A(t) &= \tau P_2 + \tau_V P_2' - P_4 \\ I_{a,r}^A(t+1) - I_{a,r}^A(t) &= P_3 - P_5 \\ \frac{I_{a,r}^Y(t+1) - I_{a,r}^Y(t) &= P_4 - P_6 - P_7 \\ \overline{I_{a,r}^H(t+1)} - I_{a,r}^H(t) &= P_7 - P_8 - P_9 \\ \overline{R_{a,r}(t+1)} - R_{a,r}(t) &= P_5 + P_6 + P_8 \\ V_{a,r}(t+1) - V_{a,r}(t) &= P_1 - e^{-(F_{a,r}(t)) \cdot dt}) \\ P_1 \sim B(n = S_{a,r}(t), p = 1 - e^{-(F_{a,r}(t)) \cdot dt}) \\ P_1 \sim B(n = S_{a,r}(t), p = 1 - e^{-(\sigma) \cdot dt}) \\ P_2 \sim B(n = E_{a,r}(t), p = 1 - e^{-(\sigma) \cdot dt}) \\ P_2 \sim B(n = E_{a,r}(t), p = 1 - e^{-(\sigma) \cdot dt}) \\ P_3 \sim B(n = P_{a,r}^A(t), p = 1 - e^{-(\rho^Y) \cdot dt}) \\ P_4 \sim B(n = P_{a,r}^Y(t), p = 1 - e^{-(\gamma^A) \cdot dt}) \\ P_5 \sim B(n = I_{a,r}^A(t), p = 1 - e^{-((1-\pi)\gamma^Y) \cdot dt}) \\ P_7 \sim B(n = I_{a,r}^A(t), p = 1 - e^{-((1-\pi)\gamma^Y) \cdot dt}) \\ P_7 \sim B(n = I_{a,r}^A(t), p = 1 - e^{-((1-\pi)\gamma^Y) \cdot dt}) \\ P_7 \sim B(n = I_{a,r}^A(t), p = 1 - e^{-((1-\pi)\gamma^Y) \cdot dt}) \\ P_8 \sim B(n = I_{a,r}^H(t), p = 1 - e^{-((1-\nu)\gamma^H(t)) \cdot dt}) \\ P_9 \sim B(n = I_{a,r}^H(t), p = 1 - e^{-((\nu\mu(t)) \cdot dt)}) \\ \hline P_9 \sim B(n = I_{a,r}^H(t), p = 1 - e^{-((\nu\mu(t)) \cdot dt}) \\ \hline \end{array}$$

where B(n,p) denotes a binomial distribution with *n* trials each with probability of success *p*. Transitions from S to V as a result of vaccination events happen once a day, dependent on covariate data supplied to the model. The number of doses given on that day to the age and risk group is given as  $v_{a,r}$ . The number of doses given to individuals who are susceptible is then  $v_{a,r}^S$ , and of those, those that are effective are  $v_{a,r}^{\text{eff}}$ , where

$$v_{a,r}^{S}(t) \sim H(S(t)_{a,r}, N_{a,r} - S_{a,r}, v_{a,r}(t))$$
$$v_{a,r}^{\text{eff}}(t) \sim B(v_{a,r}^{S}(t), \epsilon_{V})$$

So that

$$P_{10} \sim B(H(S(t)_{a,r}, N_{a,r} - S_{a,r}, v_{a,r}(t)), \epsilon_V)$$

With  $H(N_1, N_2, n)$  defining the hyper-geometric distribution.

 $F_{a,r}$  and  $F_{a,r}^V$  denote the force of infection for unvaccinated and vaccinated individuals in age group a and risk group r and is given by

$$F_{a,r}(t) = \sum_{i \in A, j \in K} (I_{i,r}^{Y}(t)\omega^{Y} + I_{i,r}^{A}(t)\omega^{A} + P_{i,j}^{Y}(t)\omega^{PY} + P_{i,j}^{A}(t)\omega^{PA})\beta(t)\delta(t)\phi_{a,i}/N_{i}$$
  
$$F_{a,r}^{V}(t) = \sum_{i \in A, j \in K} (I_{i,r}^{Y}(t)\omega^{Y} + I_{i,r}^{A}(t)\omega^{A} + P_{i,j}^{Y}(t)\omega^{PY} + P_{i,j}^{A}(t)\omega^{PA})\beta(t)\delta_{V}(t)\phi_{a,i}/N_{i}$$

with

$$\beta(t) = e^{\log(\beta(0)) + b_1(t) \cdot PC1 + b_2(t) \cdot PC2 + Z(t) + AZ(t)}$$
  

$$b_1(t) \sim N(b_1(t-1), \sigma_{b_1})$$
  

$$b_2(t) \sim N(b_2(t-1), \sigma_{b_2})$$
  

$$Z(t) \sim N(0.97 \cdot Z(t-1), \sigma_Z), Z(0) = 0.$$

where PC1 and PC2 describe the first and second principal components from our mobility data as described below. The adjustment AZ(t) modifies  $\beta(t)$  to model the impacts of increased mask wearing:

$$AZ(t) = A_m(t)$$

where  $A_m(t)$  indicates the impact of masking,

Finally,

$$\mu(t) = e^{\log(\mu(0)) + Z_{\mu}} \text{ where } Z_{\mu}(t) \sim N(\psi_{\mu} \cdot Z_{\mu}(t-1), \sigma_{\mu}), Z_{\mu}(0) = 0 \text{ and } \gamma^{H}(t) = e^{\log(\gamma^{H}(0)) + Z_{\gamma}} \text{ where } Z_{\gamma}(t) \sim N(0.99 \cdot Z_{\gamma}(t-1), \sigma_{\gamma}), Z\gamma(0) = 0.$$

We estimate  $\beta(t)$ , k,  $\sigma_z$ ,  $b_1(t)$ ,  $b_2(t)$ ,  $\sigma_{b_1}$ ,  $\sigma_{b_2}$ ,  $\psi_{\mu}$ ,  $\sigma_{\mu}$ , and  $\sigma_{\gamma}$  as described in the model fitting section below.



**Figure A1. Compartmental model of COVID-19 transmission in the Austin MSA.** Each subgroup (defined by age and risk) is modeled with a separate set of compartments. Upon infection, susceptible individuals (*S*) progress to exposed (*E*) or Vaccinated (V). Exposed individuals progress to either presymptomatic infectious ( $P^{Y}$ ) or pre-asymptomatic infectious ( $P^{A}$ ) from which they move to symptomatic infectious ( $I^{Y}$ ) and asymptomatic infectious ( $I^{A}$ ) respectively. All asymptomatic cases eventually progress to a recovered class where they remain protected from future infection (*R*); symptomatic cases are either hospitalized ( $I^{H}$ ) or recover. Mortality (*D*) varies by age group and risk group and is assumed to be preceded by hospitalization. Vaccinated individuals can also become exposed to the virus when the Delta variant is circulating and are moved to the E<sup>V</sup> compartment when infected.

#### Projecting vaccination rates by age and risk group

We project future vaccination rates based on past vaccination trends in the Austin-Round Rock, TX MSA according to data from the Texas Department of State Health Services (DSHS) [3]. DSHS provides data online on vaccinations across Texas by county and age group. We aggregate age groups across the five county MSA to obtain estimates for the number of doses that have been distributed within the MSA for each age group. DSHS provides vaccination data according to four age groups, and we convert these numbers to our model age groups proportionate to the respective populations. We project vaccinations forward after July 16 assuming that vaccination trends from the previous four weeks continue into the future, meaning that we take the average number of daily doses delivered from this time period and project forward. Though we do not have vaccination data by risk group, we assume vaccines are allocated to high-risk groups within each age group first until they reach 90% coverage, and then allocate vaccines to the low-risk group.

#### Projecting Delta variant prevalence

To project prevalence of the Delta SARS-CoV-2 variant, we use time series sequencing data for Texas from the online genomic surveillance data repository GISAID.org (Figure A2). We fit a Bayesian logistic regression model to these data to estimate the relative growth rate of Delta against all other existing SARS-CoV-2 variants [16]. With these data, we estimate the Delta has a logistic growth rate of 0.076 (95% CI: 0.072-0.080), corresponding to an early doubling time of 13.1 days (95% CI: 12.6-13.7 days). This is slightly lower than the relative growth rate observed in Great Britain, which was approximately 0.111 with a doubling time of 9.0 days, which could be due to the competing presence of the gamma variant (P.1) in the United States.



Growth of Delta variant in Texas

**Figure A2**: Daily prevalence of Delta variant among all SARS-CoV-2 infections, according to GISAID.org data. Points represent daily prevalence of the variant among all sequences, with bars representing 95% confidence intervals. We fit a Bayesian logistic regression model to the data to smooth over daily variation and project Delta prevalence through October 1, 2021. Delta had become the dominant variant in Texas by June 21, 2021, and as of July 16 is expected to comprise approximately 87% (95% CI: 85%-90%) of infections.

#### Mobility trends

We used mobility trends data from the Austin MSA to inform the transmission rate in our model. Specifically, we ran a principal component analysis (PCA) on seven independent mobility variables provided by SafeGraph, including home dwell time and visits to universities, bars, grocery stores, museums and parks, schools, and restaurants [7]. We regressed the transmission rate on the first two principal components from the mobility data as described in the modeling equations for  $\beta(t)$ .

#### Epidemic starting conditions

We could not estimate the epidemic start date directly using our model, because the transmission rate flexibility gave rise to similarly good fits within a wide-range of potential values for  $t_0$ . We therefore conducted an independent estimation procedure to obtain reasonable epidemic start dates for Austin. We then used our best guess parameters as described in Table A2 and chose  $\beta(0) = 0.67$  as it produced three-day doubling rate in cumulative cases and gave  $R_t(0) = 4$  which are consistent with observations for the Austin early outbreak dynamics [17]. We ran 1,000 stochastic simulations with these initial conditions, and identified the wait time for when there was 1 admit for Austin. We estimated the start time from the resulting distribution of wait times for Austin as February 17, 2020 (IQR = February 11 - February 23), and chose February 17th, 2020 as the start date for the model.

#### Model likelihood

We obtained daily hospital admit ( $H_A(t)$ ), discharge data ( $H_L(t)$ ), total hospitalizations (H(t)), and death data ( $H_D(t)$ ) for the Austin MSA. In this model we estimated  $\beta(t)$ , k,  $\sigma_Z$ ,  $b_1(t)$ ,  $b_2(t)$ ,  $\sigma_{b_1}$ ,  $\sigma_{b_2}$ ,  $\psi_{\mu}$ ,  $\sigma_{\mu}$ ,  $\sigma_{\gamma}$  and fixed the remaining parameters as described in Table A1-2. We assumed all sources of data were negative binomially distributed around their predicted values from the SEIR stochastic model, and chose informative, but relatively dispersed priors for certain parameters for stability in parameter estimation and to prevent the model from overfitting data through large perturbations to time-dependent variables.

Following all of these considerations, the likelihood for our stochastic model was:

$$p(Y(t), b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k | \theta) = p(Y(t) | \theta, b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k) \cdot p(\theta, b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k)$$

where Y(t) refers to the four types of data from hospitals,  $\theta$  contains all parameters from Table A1 not explicitly listed, and where

 $\begin{aligned} p(Y(t)|\theta, b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k) &= p(H_A(t)|\hat{H}_A(t))p(H_L(t)|\hat{H}_L(t))p(H_D(t)|\hat{H}_D(t))p(H(t)|\hat{H}(t)) \\ p(\theta, b_1(0), \sigma_{b_1}, b_2(0), \sigma_{b_2}, k) &= p(b_1(0)) \cdot p(\sigma_{b_1}) \cdot p(b_2(0)) \cdot p(\sigma_{b_2}) \cdot p(k) \end{aligned}$ 

with

$$p(H_A(t)|\hat{H}_A(t)) = \binom{k + H_A(t) - 1}{H_A(t)} \cdot p^k (1 - p)^{H_A(t)}, \text{ and } p = \frac{k}{k + \hat{H}_A(t)}$$

$$p(H_L(t)|\hat{H}_L(t)) = \binom{k + H_L(t) - 1}{H_L(t)} \cdot p^k (1 - p)^{H_L(t)}, \text{ and } p = \frac{k}{k + \hat{H}_L(t)}$$

$$p(H_D(t)|\hat{H}_D(t)) = \binom{k + H_D(t) - 1}{H_D(t)} \cdot p^k (1 - p)^{H_D(t)}, \text{ and } p = \frac{k}{k + \hat{H}_D(t)}$$

$$p(H(t)|\hat{H}(t)) = \binom{k+H(t)-1}{H(t)} \cdot p^{k}(1-p)^{H(t)}, \text{ and } p = \frac{k}{k+\hat{H}(t)}$$

$$p(b_{1}(0)) \cdot t_{d} = \frac{1}{\sqrt{2}}e^{-\frac{1}{2}(\hat{b}_{1}(0))^{2}}$$

$$p(b_{2}(0)) \cdot t_{d} = \frac{1}{\sqrt{2}}e^{-\frac{1}{2}(\hat{b}_{2}(0))^{2}}$$

$$p(\sigma_{b_{1}}) \cdot t_{d} = \frac{1}{\Gamma(1.1) \cdot \frac{1}{1.1}^{1.1}}\hat{\sigma}_{b_{1}}^{1.1-1}e^{-1.1\cdot\hat{\sigma}_{b_{1}}}$$

$$p(\sigma_{b_{2}}) \cdot t_{d} = \frac{1}{\Gamma(1.1) \cdot \frac{1}{1.1}^{1.1}}\hat{\sigma}_{b_{2}}^{1.1-1}e^{-1.1\cdot\hat{\sigma}_{b_{2}}}$$

$$p(k) \cdot t_{d} = e^{\hat{k}}$$

and  $t_d$  is the number of days in the fitting time period.

#### Fitting method

In this model we estimated  $\beta(t)$ , k,  $\sigma_Z$ ,  $b_1(t)$ ,  $b_2(t)$ ,  $\sigma_{b_1}$ ,  $\sigma_{b_2}$ ,  $\psi_{\mu}$ ,  $\sigma_{\gamma}$  and fixed the remaining parameters as described in Table A1. Fitting was carried out using the iterated filtering algorithm made available through the mif2 function in the pomp package in R [18,19]. This algorithm is a stochastic optimization procedure; it performs maximum likelihood estimation using a particle filter to provide a noisy estimate of the likelihood for a given combination of the parameters. For each parameter combination we ran 1,000 iterations of iterated filtering, each with 10,000 particles. We calculated smoothed posterior estimates for all of the states within the model through time (including  $\beta(t)$  and other time-dependent parameters which are technically state variables in our model formulation, as it changes through time according to a stochastic process). We calculated these smoothed posteriors as follows:

- 1. We ran 1,000 independent particle filters at the MLE, each with 10,000 particles. For each run, *l*, of particle filtering, we kept track of the complete trajectory of each particle, as well as the filtered estimate of the likelihood,  $L_{l}$ .
- 2. For each of the 1,000 particle filtering runs, we randomly sampled a single complete particle trajectory, giving us 1,000 separate trajectories for all state variables.
- 3. We resampled from these trajectories with probabilities proportional to  $L_l$  to give a distribution of state trajectories

The result can be thought of as an empirical-Bayes posterior distribution: that is, a set of 1,000 smoothed posterior draws from all state variables, conditional on the maximum likelihood estimates for the model's free parameters. This smoothed posterior distribution is how we calculate means and credible intervals for  $\beta(t)$  in addition to all other time-varying state variables.

#### Table A1. Model parameters<sup>a</sup>

Parameters	Value	Source	
Start date	February 17, 2020	Estimated	
Initial infections	1 symptomatic case age 18-49y	Assumption	
eta(t): daily transmission rate	N/A	Estimated	
$\gamma^A$ : recovery rate on asymptomatic compartment	Equal to $\gamma^Y$	Assumption	
$\gamma^{Y}$ : recovery rate on symptomatic non-treated compartment	0.25	He et al. [20]	
au: symptomatic proportion	0.57	Fox et al. [21]	
$ au_V$ : symptomatic proportion among vaccinated	0.055	[22]	
$\epsilon_V$ effectiveness of single dose	0.80	[10]	
$\sigma$ : exposed rate	1/2.9	Zhang et al. [23]; He et al. [20]	
$ ho^{A}$ : pre-asymptomatic rate	Equal to $ ho^{Y}$		
$\rho^{Y}$ : pre-symptomatic rate	$\frac{1}{2.3}$	He et al. [20]	
<i>P</i> : proportion of pre- symptomatic transmission	0.44	He et al. [20]	
$\omega^{P}$ : relative infectiousness of pre-symptomatic individuals	$\omega^{P} = \frac{P}{1-P} \frac{\tau \omega^{Y} [YHR/\eta + (1-YHR)/\gamma^{Y}]}{\tau \omega^{Y}/\rho^{Y} + (1-\tau)\omega}$ $\omega^{PY} = \omega^{P} \omega^{Y}, \omega^{PA} = \omega^{P} \omega^{A}$		
		He et al. [24]	
IFR: infected fatality ratio, age specific (%)         Low risk: [0.0009, 0.0022, 0.0339, 0.2520, 0.6440]           High risk: [0.0092, 0.0218, 0.3388, 2.5197, 6.4402]		Age adjusted from Verity et al. [9]	
YFR: symptomatic fatality ratio, age specific (%)	Low risk: [0.001608, 0.003823, 0.05943, 0.4420, 1.130] High risk: [0.01608, 0.03823, $YFR = \frac{IFR}{\tau}$		

	0.5943, 4.420, 11.30]	
<i>h</i> : high-risk proportion, age specific (%)	[8.2825, 14.1121, 16.5298, 32.9912, 47.0568]	Estimated using 2015-2016 Behavioral Risk Factor Surveillance System (BRFSS) data with multilevel regression and poststratification using CDC's list of conditions that may increase the risk of serious complications from influenza [25– 27]
$\delta(t)$ increase of chance of infection due to Delta variant	$\delta(t) = (1 - p_{\delta}) \cdot 1 + (p_{\delta}) \cdot 1.6$	[1,2]
$\delta_V(t)$ increase of chance of infection of vaccinated individuals due to Delta variant	$\delta_V(t) = (1 - p_\delta) \cdot 0 + (p_\delta) \cdot 0.055$	[22]
$\delta_H(t)$ increase of chance of hospitalization due to Delta variant	$\delta_H(t) = (1 - p_{\delta}) \cdot 1 + (p_{\delta}) \cdot 1.8$	[1]

<sup>a</sup>Values given as five-element vectors are age-stratified with values corresponding to 0-4, 5-17, 18-49, 50-64, 65+ year age groups, respectively.

#### Table A2 Hospitalization parameters

Parameters	Value	Source	
$\gamma^{H}(t)$ : recovery rate in hospitalized compartment	Fitted		
YHR: symptomatic case hospitalization rate (%)	YHR: symptomatic case hospitalization rate (%)Low risk: [ 0.04021, 0.03091, 1.903, 4.114, 4.879]High risk: [ 0.4021, 0.3091, 19.03, 41.14, 48.79]		
$\pi$ : rate of symptomatic individuals go to hospital, age-specific	$\pi = \frac{\gamma^{Y} * YHR}{\eta + (\gamma^{Y} - \eta)YHR}$		
$\eta$ : rate from symptom onset to hospitalized	0.1695	5.9 day average from symptom onset to hospital admission Tindale et al. [28]	
$\mu(t)$ : rate from hospitalized to death	Fitted		
HFR: hospitalized fatality ratio, age specific (%)[4, 12.365, 3.122, 10.745, 23.158]		$HFR = \frac{IFR}{\tau}$	
$\nu$ : death rate on hospitalized individuals, age specific $\nu = \frac{\gamma^H HFR}{\mu + (\gamma^H - \mu) HFR}$			
ICU: proportion hospitalized people in ICU	0.36	Estimated from Austin COVID- 19 hospitalization data	

#### Table A3 Contact matrix. Daily number contacts by age group on an average day.

	0-4y	5-17y	18-49y	50-64y	65y+
0-4y	1.88	2.02	4.01	0.79	0.28
5-17y	0.55	7.06	5.02	0.70	0.22
18-49y	0.37	2.19	8.72	1.45	0.21
50-64y	0.33	1.62	5.79	2.79	0.50
65y+	0.19	0.88	2.36	1.19	1.22

# Estimation of age-stratified proportion of population at high-risk for COVID-19 complications

We estimate age-specific proportions of the population at high risk of complications from COVID-19 based on data for Austin, TX and Round-Rock, TX from the CDC's 500 cities project (Figure A3) [29]. We assume that high risk conditions for COVID-19 are the same as those specified for influenza by the CDC [25]. The CDC's 500 cities project provides city-specific estimates of prevalence for several of these conditions among adults [30]. The estimates were obtained from the 2015-2016 Behavioral Risk Factor Surveillance System (BRFSS) data using a small-area estimation methodology called multi-level regression and poststratification [26,27]. It links geocoded health surveys to high spatial resolution population demographic and socioeconomic data [27].

**Estimating high-risk proportions for adults.** To estimate the proportion of adults at high risk for complications, we use the CDC's 500 cities data, as well as data on the prevalence of HIV/AIDS, obesity and pregnancy among adults (Table A6).

The CDC 500 cities dataset includes the prevalence of each condition on its own, rather than the prevalence of multiple conditions (e.g., dyads or triads). Thus, we use separate co-morbidity estimates to determine overlap. Reference about chronic conditions [31] gives US estimates for the proportion of the adult population with 0, 1 or 2+ chronic conditions, per age group. Using this and the 500 cities data we can estimate the proportion of the population  $p_{HR}$  in each age group in each city with at least one chronic condition listed in the CDC 500 cities data (Table A6) putting them at high-risk for flu complications.

<u>HIV</u>: We use the data from table 20a in CDC HIV surveillance report [32] to estimate the population in each risk group living with HIV in the US (last column, 2015 data). Assuming independence between HIV and other chronic conditions, we increase the proportion of the population at high-risk for influenza to account for individuals with HIV but no other underlying conditions.

<u>Morbid obesity</u>: A BMI over 40kg/m<sup>2</sup> indicates morbid obesity, and is considered high risk for influenza. The 500 Cities Project reports the prevalence of obese people in each city with BMI over 30kg/m<sup>2</sup> (not necessarily morbid obesity). We use the data from table 1 in Sturm and Hattori [33] to estimate the proportion of people with BMI>30 that actually have BMI>40 (across the US); we then apply this to the 500 Cities obesity data to estimate the proportion of people who are morbidly obese in each city. Table 1 of Morgan et al. [34] suggests that 51.2% of morbidly obese adults have at least one other high risk chronic condition, and update our high-risk population estimates accordingly to account for overlap.

<u>Pregnancy</u>: We separately estimate the number of pregnant women in each age group and each city, following the methodology in CDC reproductive health report [35]. We assume independence between any of the high-risk factors and pregnancy, and further assume that half the population are women.

**Estimating high-risk proportions for children.** Since the 500 Cities Project only reports data for adults 18 years and older, we take a different approach to estimating the proportion of children at high risk for severe influenza. The two most prevalent risk factors for children are asthma and obesity; we also account for childhood diabetes, HIV and cancer. From Miller et al. [36], we obtain national estimates of chronic conditions in children. For asthma, we assume that variation among cities will be similar for children and adults. Thus, we use the relative prevalences of asthma in adults to scale our estimates for children in each city. The prevalence of HIV and cancer in children are taken from CDC HIV surveillance report [32] and cancer research report [37], respectively.

We first estimate the proportion of children having either asthma, diabetes, cancer or HIV (assuming no overlap in these conditions). We estimate city-level morbid obesity in children using the estimated morbid obesity in adults multiplied by a national constant ratio for each age group estimated from Hales et al. [38], this ratio represents the prevalence in morbid obesity in children given the one observed in adults. From Morgan et al. [34], we estimate that 25% of morbidly obese children have another high-risk condition and adjust our final estimates accordingly.

**Resulting estimates.** We compare our estimates for the Austin-Round Rock Metropolitan Area to published national-level estimates [39] of the proportion of each age group with underlying high risk conditions (Table A6). The biggest difference is observed in older adults, with Austin having a lower proportion at risk for complications for COVID-19 than the national average; for 25-39 year olds the high risk proportion is slightly higher than the national average.





Table A4. High-risk condition	s for influenza and data sources	for prevalence estimation
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Condition	Data source
Cancer (except skin), chronic kidney disease, COPD, coronary heart disease, stroke, asthma, diabetes	CDC 500 cities [29]
HIV/AIDS	CDC HIV Surveillance report [32]
Obesity	CDC 500 cities [29], Sturm & Hattori [33], Morgan et al. [34]
Pregnancy	National Vital Statistics Reports [40] and abortion data [41]

# Table A5. Comparison between published national estimates and Austin-Round Rock MSA estimates of the percent of the population at high-risk of influenza/COVID-19 complications.

Age Group	National estimates [38]	Austin-Round Rock (excludes pregnancy)	Pregnant women (percent of age group)
0 to 6 months	NA	8.1	-
6 months to 4 years	6.8	9.0	-
5 to 9 years	11.7	14.6	-
10 to 14 years	11.7	16.7	-
15 to 19 years	11.8	17.0	3.2
20 to 24 years	12.4	13.2	10.6
25 to 34 years	15.7	17.4	9.6
35 to 39 years	15.7	22.1	3.7
40 to 44 years	15.7	22.5	0.6
45 to 49 years	15.7	22.7	-
50 to 54 years	30.6	37.5	-
55 to 60 years	30.6	37.4	-
60 to 64 years	30.6	37.3	-
65 to 69 years	47.0	53.2	-
70 to 74 years	47.0	53.2	-
75 years and older	47.0	53.2	-

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